





Global Minds and Hearts: Pathways towards a Sustainable Future

31st July & 1st August 2023

We invite you to the 2023 Regional Conference of the International Association of Cross-Cultural Psychology with *the Irish Céad Míle Fáilte* (*One Hundred Thousand welcomes*) and *a multicultural wish that you join us in creating and sharing knowledge and experiences* in the beautiful setting of our campus, at the University of Limerick, in the West of Ireland.

We wish for the past and present expertise from IACCP and beyond to come together to create knowledge and networks for a better future. We wish that the 2023 conference becomes a significant milestone into how psychology can contribute to new Pathways towards a Sustainable Future. We invite you to contribute with your psychological insights to issues that are pressing and global, relevant for each and all of us, demanding of our personal and professional involvement. Come with your minds and hearts to re-energize our scientific pursuits, after the turbulent COVID-19 pandemic!

We present you with the challenges of the <u>United Nations Sustainable</u>

<u>Development Goals</u>. We raise the challenges and reality of 100 million people
displaced from their homes, according to <u>UNHCR</u>. The escalation of the war in
Ukraine in 2022 displaced 8 million people within the country and another 6 million
people outside the country. Overall, people are displaced because of wars and
conflicts, but also because of natural disasters and the consequences of climate
change. In addition, we signal the challenges brought by increased workplace
diversity in private and public sectors. The millennial generation is more ethnically
diverse than others, and the workforce overall is more diverse now than before, in
terms of age, gender, disability and cultural backgrounds. Organisations are
challenged to understand and invest in diversity, equality and inclusion. *Psychology*

can contribute to these challenges, and cross-cultural psychology, in particular, can significantly improve our collective endeavours to create a more sustainable, inclusive and innovative future.

Come to IACCP 2023 to contribute in making the world a better place! Come to learn and teach others, to share and amplify the effect of our collective knowledge of the human *Minds and Hearts*. Come to help carve new *Pathways towards a*Sustainable Future in our discipline, our societies and the world! As William EB Du Bois once said: "Men must not only know, they must act". We paraphrase:

Psychologists must not only know, they must act!

Looking forward to welcoming you to Ireland!

Right before the official start of the conference, we invite you to take part in our **pre-conference workshops on July 31st and August 1st**. We will be offering a variety of half-day and full-day workshops and invite you to use this incredible opportunity to expand your knowledge and skills in cross-cultural research!



Workshop schedule and links to registration

31st July, 10:00am - 1:00pm

"The Cost Of Caring - Caring for the carers" - The consequences of supporting and caring and how to take care of ourselves

facilitated by Manoela Lucena, One Housing & CoCreate Humanity, and Leticia Scheidt, University of Limerick

https://www.eventbrite.ie/e/the-cost-of-caring-caring-for-the-carers-tickets-617109219287?aff=ebdssbdestsearch

Developing Intercultural Competence: Strategies for University Students. Educators and Administrators

facilitated by Diana M. Lizarazo Pereira; Anastasiia Zubareva and Aigerim Balkhashbayeva, University of Limerick

https://www.eventbrite.ie/e/developing-intercultural-competence-tickets-617744940747

A Social Identity Model of Trauma and Resilience

facilitated by Prof. Orla Muldoon, Dr. Sarah Jay and Dr. Aisling O'Donnell from the University of Limerick

https://www.eventbrite.ie/e/a-social-identity-model-of-trauma-and-resilience-tickets-618978580597







31st July, 2:00 - 5:00pm

All that we share: The Tell your own story (TYOS) project working to improve diversity in the media

facilitated by Dr. Maria Rieder, Gail Flanagan, Dr. Anita Barmettler, Robyn Cunneen and Hadjer Bensadek from the University of Limerick

https://www.eventbrite.ie/e/all-that-we-share-the-tell-your-own-story-tyos-project-tickets-619376891957



Mapping attitudes as networks

facilitated by Prof. Mike Quayle and Dr. Elaine Smith from the University of Limerick

https://www.eventbrite.ie/e/mapping-attitudes-as-networks-tickets-619 381204857



Decolonizing Psychology

facilitated by Dr. Susana Núñez Rodriguez, Universidade Federal do Rio Grande do Sul

https://www.eventbrite.ie/e/decolonizing-psychology-tickets-619384404427



Social Psychology of Climate Conflicts: How to Mediate and Resolve Climate Conflicts in Different Cultural Contexts?

facilitated by Dr. Gulnaz Anjum and Nora C. G. Benningstad, University of Oslo

https://www.eventbrite.ie/e/social-psychology-of-climate-conflicts-tickets-619399238797



"Ukraine: who, where and why?" Cultural sensitivity in working with Ukrainian refugees

facilitated by Prof. Dr. Halina Grzymała-Moszczyńska, Jesuit University Ignatianum in Krakow, and Dr. Anca Minescu and Liliyana Mbeve, University of Limerick

https://www.eventbrite.ie/e/ukraine-who-where-and-why-tickets-6530 98082947



1st August, 9:00am - 12:00pm

The importance of intercultural competence when fighting for social justice in the media

facilitated by Mamobo Ogoro, University of Limerick and GORM, and Beatriz Gómez Moreno, GORM

https://www.eventbrite.ie/e/the-importance-of-intercultural-competence-when-fighting-for-social-justice-tickets-619388897867



The influence of Geo-Politics on cross-cultural psychological research – examples from Eastern Europe

facilitated by Prof. Nino Javakhishvili, Ilia State University and Dr. Anca Minescu, University of Limerick

https://www.eventbrite.ie/e/the-influence-of-geo-politics-on-cross-cultura I-psychological-research-tickets-653087270607?aff=oddtdtcreator



1st August, 9:00am - 12:00pm & 12:30 - 3:30pm

A Practical Guide to Cross-Cultural Comparisons and Measurement Invariance Using R

facilitated by Dr. Johannes A. Karl, Dublin City University, and Dr. Pablo De Tezanos-Pinto, University of Limerick

https://www.eventbrite.ie/e/cross-cultural-comparisons-measurement-invariance-using-r-tickets-618982512357



1st August, 12.30 - 3.30pm

Student Solidarity as Praxis

facilitated by Tony Nelson, Kalamazoo College, and Kaylee Henderson, Fund for Education Abroad

https://www.eventbrite.ie/e/student-solidarity-as-praxis-tickets-61939726 2887



Price information

3-hours-workshop: 100€ regular, 60€ for students

6-hours-workshop: 150€ regular, 120€ for students

Workshop details



Most professionals that support refugee and asylum-seeking populations of different cultural backgrounds are usually not trained to deal with such complex cases and can end up facing many difficulties. The common types of distress and responses to distress when caring for and supporting others are different types of stress such as acute, chronic and traumatic stress and, vicarious traumatisation, secondary traumatic stress, compassion fatigue, post-traumatic stress and burnout.

In this workshop we would like to tell you more about these responses to distress as well as talk to you about the common protective factors to deal with them. We will touch on topics such as psychological first-aid, peer support, organizational support, different types of self-care, coping skills such as grounding techniques and mindfulness.



PRE-CONFERENCE WORKSHOP

DEVELOPING INTERCULTURAL COMPETENCE: STRATEGIES FOR UNIVERSITY STUDENTS. **EDUCATORS, AND ADMINISTRATORS**



July 31st, 2023, 10.00am-1.00pm University of Limerick, Ireland

#CROSS-CULTURAL COMMUNICATION **#INCLUSION IN ACADEMIA** #INTERSECTIONALITY **#DEBUNK PREJUDICE**







Anastasiia Zubareva, University of Limerick



Aigerim Balkhashbayeva, University of Limerick











This workshop provides practical strategies for participants to create an inclusive and respectful academic environment. Since diversity comes with differences, it is important to see beyond the surface to effectively engage across lines of differences. Participants will learn about the impact of culture on behavior, communication, and relationships and gain an understanding of how stereotypes and prejudice can create barriers to cross-cultural communication. We will also discuss intersectionality as a way to include diverse voices. Participants will be equipped with practical strategies for creating an inclusive environment and will have an increased ability to adapt and work effectively across cultures in the university context.



PRE-CONFERENCE WORKSHOP

A SOCIAL IDENTITY MODEL OF TRAUMA AND RESILIENCE



July 31st, 2023, 10.00am-1.00pm University of Limerick, Ireland

#SOCIAL IDENTITY #TRAUMA RESPONSES #RESILIENCE #SOLIDARITY



Prof. Orla Muldoon University of Limerick



Dr. Sarah Jay, University of Limerick



Dr. Aisling O'Donnell, University of Limerick











In this workshop we draw on research that shows group memberships, and the social identities we derive from them, are central to our health and wellbeing. As such, stress, and experience of adversity, are more than the concern of individuals as individuals. Rather, it is as group members that people respond to trauma. This means that social identities are more than "demographic" risk factors. We highlight how attributes of group memberships such as groups' status and their access to justice, are important in understanding adjustment and adaptation to trauma. Also, group level trust and solidary support individual-level psychological resilience.

Part 1: First, we consider how it is through group memberships that individuals come to be defined by their trauma histories. Memberships of ethnic, national, gender, and class groups provide people with very different experiences of life. This gives rise to people having very different likelihoods of experiencing trauma - we can think of this as trauma risk. This is linked to the positionality of groups within and across the world's regions (see our world in data). It also means that we can have a group or cultural lens when "others" face experiences beyond the range of our own experiences. This can reduce empathy and understanding of groups who are not familiar with the traumatic experience or risk.

We will use 'our world in data' to map how global divisions shape trauma risk and experience. Workshop participants will be invited to think about how these risks intersect with national metrics such as positive peace, indices of corruption, development indices, GINI. How do your findings help you to understand the relationship between trauma and access to voice, power, and justice?

Part 2: Resilience, rather than post-traumatic stress, is the most common response to the range of adverse events due to war, political violence, rape and sexual assault, accidents, and natural disasters. Group memberships and group processes help to explain how people respond to traumatic events. We will do a social identity mapping exercise to explore how a person's (sociological) group memberships are inherently linked to the experience of adversity.

Map sociological groups (national, ethnic, religious, class, occupation, gender, class, ability, sexuality, age). Explore how groups drive your risk and your privilege. Hint: you may need to speak to a person who doesn't share some of your group memberships, how might self-categorization in terms of a given social identity provide a framework for interpreting potentially traumatic experiences?

Part 3: Finally, shared social identities are central to psychological well-being because they provide group members with access to a range of tangible psychological resources. This effect is sometimes called the 'social cure'. This includes the provision and receipt of various forms of effective social support. There is a second phenomenon known as the 'social curse'. When groups or individuals are stigmatised, disempowered, or excluded this reduces access to social economic and psychological resources.

We close by discussing the risk for those affected when we understand trauma as an individual level phenomenon. What are the risks for those affected? How does this individualised model impact services? How might a social identity-based model help to design better services? How might this approach help us understand how identity-based traumas have been harnessed into powerful political movements #metoo, #blacklivesmatter, and #neveragain?

Skills/ competencies & learning outcomes: By the end of this workshop participants will be able to show that how level socio-political indices shape our trauma risk - bring a computer if you can -, see how trauma is inherently related to group memberships and give rise to aspects of ourselves that we hold dear, be aware of the hidden and assumed nature

of many group memberships which means we can often be blind to our privilege and the risks faced by 'others', and use the knowledge acquired to inform an approach to supporting people who have been exposed to traumatic experiences.



#TYOS PROJECT

#STORYTELLING

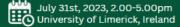
#CHANGE NARRATIVES

#SHARE YOUR STORY



PRE-CONFERENCE WORKSHOP

ALL THAT WE SHARE: THE TELL YOUR OWN STORY (TYOS) PROJECT WORKING TO IMPROVE DIVERSITY IN THE MEDIA













facilitated by Dr. Maria Rieder, Gail Flanagan, Dr. Anita Barmettler, Robyn Cunneen and Hadjer Bensadek from the University of Limerick











The workshop will showcase the TYOS project and its methods to encourage underrepresented people to share their own stories in mainstream media. The workshop will be structured in the following way:

- 1. Project introduction
- 2. New participant training: Tasters based on our training toolkit: Story exchange, story of your name, tree of life;
- 3. Narratives and story-telling techniques: Guidelines on type of stories (dialogue, sharedness, positivity, mainstream media)



PRE-CONFERENCE WORKSHOP

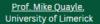
MAPPING ATTITUDES AS NETWORKS

for students, researchers and everyone interested

July 31st, 2023, 2.00-5.00pm University of Limerick, Ireland

#QUANTITATIVE RESEARCH
#NETWORK ANALYSIS
#POLARIZATION
#CLIMATE CHANGE







Dr. Elaine Smith, University of Limerick











In this workshop we will present a method for visualizing how attitudes become absorbed into group identities. We will present a method for mapping survey (and other) data as a bipartite network, where people are linked by the attitudes they jointly hold, and attitudes become socially connected when they are jointly held by people. This structure simultaneously links people into groups and attitudes into clusters. Using a guided workshop format, we will introduce the basics of network analysis. Participants will learn how to analyze and visualize survey data as a bipartite network in R/Python using the recently launched SurveyGraph package (made possible by an ERC Proof of Concept Grant). We show how analysis of this bipartite network structure allows us to quantify multidimensional polarization, and identify group structure and polarization. We will end with considering how the method can be applied to various research questions and data, with particular emphasis on climate and climate change.





DECOLONIZING PSYCHOLOGY



July 31st, 2023, 2.00-5.00pm

HYBRID: Online and at the University of Limerick, Ireland

#DECOLONIZATION #DECOLONIZE ACADEMIA #PSYCHOLOGY #INDIGENOUS PSYCHOLOGY



Dr. Susana Núñez Rodriguez, Universidade Federal do Rio Grande do Sul, Brazil. Researcher for the Laboratoire de recherche sur la formation de l'Identité











This workshop aims to promote a discussion about traditional research, psychological evaluation, clinical practice and psychosocial interventions through the lenses of decolonization.

This workshop would study and promote the utilization of books, concepts and approaches from the bigger south of the world: black and indigenous thinkers.

- 1. Introduction to decolonizing research in psychology.
- 2. New perspectives on psychological evaluation and tests.
- 3. Decolonizing the well-being on clinical psychology.
- 4. New approaches from the bigger south: black and indigenous thinkers



#CLIMATE CHANGE
#CONFLICT MANAGEMENT
#SUSTAINABILITY CONFLICTS
#CASE STUDIES



PRE-CONFERENCE WORKSHOP

SOCIAL PSYCHOLOGY OF CLIMATE CONFLICTS:
HOW TO MEDIATE AND RESOLVE
CLIMATE CONFLICTS
IN DIFFERENT CULTURAL CONTEXTS?



July 31st, 2023, 2.00-5.00pm University of Limerick, Ireland







Nora C. G. Benningstad (she/her), University of Oslo











Climate change and climate shocks affect us at the individual, social, and cultural levels posing serious threats to communities and societal peacekeeping. This reality has generated numerous place-based resistance movements and intractable, intergroup stakeholder conflicts that stall progress toward sustainability, climate adaptation, and mitigation. These impediments exacerbate the climate crisis and its psycho-social effects we collectively face. Globally, some relevant examples involve climate-related conflicts in the global North and south including various forms of local opposition to climate migrants, wind energy turbines, hydropower plants, and large-scale solar power installations. This workshop will analyze such environmental and climate change-related conflicts to understand the realistic and symbolic threats involved. We will also discuss various models and case studies of collaboration and conflict management and practice applying them to global climate change and sustainability conflicts. Presenters will bring local, regional, and international cases from the global North (Canada, Norway) and South (Pakistan, Sahel). We will also discuss the existing and emerging caveats of conflict mediation. We will extend conversations about the constructs that might better fit our contemporary global and local needs for collaboration, sustainability, and care for individuals' well-being (i.e., managing eco-anxiety).

Skills/ competencies & learning outcomes:

- Analyze conflicts through different cultural and contextual lenses (developing cultural sensitivity and sensibilities)
- Identify suitable conflict models that use integrative potential to facilitate win-win solutions
- Trust-building through cooperation and fostering mutual recognition and tolerance
- Implementing ethically informed, inclusive, and principled negotiations Practical know-how in negotiation, mediation, and collaborative processes
- Fostering mutual recognition and tolerance through intersection approaches and frameworks
- Develop sound judgment in situation assessment (scale, stakeholders, challenges, opportunities, and potential results)
- Using reflexivity on obligations, values, and standards in conflict management approaches
- Awareness of one's role and how one's social identity, ideology, and values impact one's feelings, decisions, and actions.
- Thinking strategically about when, where, and how to engage and when to disengage safely

This workshop would be suitable for persons interested in climate and environmental psychology, especially those who use cultural, community, and social psychological lenses for their research and teaching. This workshop would greatly benefit anyone interested in working with marginalized and climate-impacted communities, conflict resolution, and cross-cultural competencies.



This workshop is aimed at people working with Ukrainian communities in host countries. Expertise from Poland and Ireland from psychologists working in the field will be discussed and core principles are introduced addressing trauma-informed care, understanding the needs and situation of displaced people, with a focus on the gendered nature of the Ukrainian refugee profile, as well as the particular situation of dealing with Ukrainian children in schools. The first part of the workshop focuses on the general psychology of displacement and how the trauma of war and migration affects refugees differently depending on their age and gender, family status and other more general characteristics. The second part of the workshop is dedicated to concrete situations in schools and other community settings where we can intervene to enhance the well-being of refugees and facilitate their sense of belonging and inclusion in host communities.

Overall, we also address how cultural sensitivity and specific cultural knowledge about Ukraine and the geo-political space of Eastern Europe and the former Soviet territories should inform work with Ukrainian people.



#QUANTITATIVE RESEARCH #CROSS-GROUP COMPARISONS #LAVAAN #R



PRE-CONFERENCE WORKSHOP

A PRACTICAL GUIDE TO CROSS-CULTURAL COMPARISONS & MEASUREMENT INVARIANCE USING R

for researchers, PhD, master's students and late-stage undergraduate students

August 1st, 2023, 9.00am-12pm and 1.00-3.30pm University of Limerick, Ireland







Dr. Pablo De Tezanos-Pinto, University of Limerick











The study of cross-cultural differences has been a long-standing topic in psychology, but many of these comparisons are undermined by lack of consideration of measurement equivalence. This is essential when comparing constructs across different cultural groups, and it also opens exciting opportunities to examine how psychological constructs may differ based on cultural context.

This workshop will provide both conceptual and practical tools to deal with this issue, establishing a foundation for conducting rigorous cross-group comparisons in psychology. No prior knowledge of R is required. We will go through the basics of doing data analysis in R and then move on to the core methods for cross-group testing using *lavaan*, including multi-group confirmatory factor analysis and effect size estimation for non-invariant parameters.

for researchers, Ph.D. students, master's students, late-stage undergraduates etc.



While Ireland grapples with the new and existing multicultural reality, it is buckling under the weight of toxic polarisation, high mistrust towards the 'other', and out-group

scapegoating—divisions that are now being exploited in online and social media spaces.

Through research experience in the study of social psychology, intergroup relations and intercultural competence, and real-world experience through programmes in social enterprise GORM, this workshop shows the power of intercultural competence when fighting for social justice on the media and provides a practical guide to effectively engaging across lines of difference in a social media environment. These tools are needed when applying cross-cultural psychology in the modern technological world, and breaking down polarisation online.



In this research methodology workshop we address the key issue of including context level "variables" into psychological research. We propose that geo-political factors: such as geographical location, population composition and size, history and politics, more generally, should be considered in cross-cultural validation research. Theories and concepts originating in the Global North (or outside the context of one's research) have to be adapted to new contexts, but how? We propose a few methodological principles to guide this process, giving examples from Eastern European scholarship.

In this workshop we teach how to do psychological research in a culturally and politically sensitive way. We illustrate with data and research from the former Soviet Union space: the Russian Federation, Ukraine and South Caucasus, Georgia, in particular.

We discuss research on identities of the former Soviet Union space, including ethnic, religious, gender and personal identities in the South Caucasus, Russia and Ukraine. Data from Georgia on individualism-collectivism, individual attitudes to distant and close out-groups, as well as public attitudes towards the EU are considered. Data from the Ukrainian Euromaidan revolution in 2014 is also used to explain the complex geo-political realities behind the current ongoing war between Russia and Ukraine, and illustrate how to adapt Global North theoretical models to novel contexts.





PRE-CONFERENCE WORKSHOP

STUDENT SOLIDARITY AS PRAXIS



August 1st, 2023, 12.30-3.30pm University of Limerick, Ireland

#STUDENT ENGAGEMENT #STUDENT-CENTERED #INCLUSION IN ACADEMIA #SOLIDARITY #EDUCATION







Kaylee Henderson (she/her), Fund for Education Abroad











Two collaborators will present their unique perspectives on ways to meaningfully engage with students as well as what things to avoid when developing and using student-centered approaches. While it's admirable to want your teaching and/or organization to be and feel "student-centered." we often stumble, miss the mark, and even end up doing the opposite of our goal. Over the past five years, Tony Nelson has attempted to bring his background in popular education and community organizing into practice at Kalamazoo College's Center for International Programs (CIP). This workshop features Tony and one former Kalamazoo College student (Kaylee Henderson) - currently working in the field of International Education in different capacities. Each will present their own ideas with supporting examples that emphasize how solidarity-based approaches to student advising and mentoring can work, then the facilitators will ask participants to use the solidarity framework to analyze very common and difficult situations we regularly encounter when working with students. Lastly, workshop attendees will have a chance to submit their own challenges and scenarios for the entire group to work through, enabling all to walk away with a fresh outlook and pragmatic tips to bring back to their own departments, communities, and families.